

# **NORTHWESTERN NEUROLOGY WELLNESS NEWSLETTER**

NOV/DEC 2024

EDITOR: COURTNEY RAAB



## **HIGHLIGHTS**



RESIDENT HOLIDAY PARTY!



# THANKSGIVING!



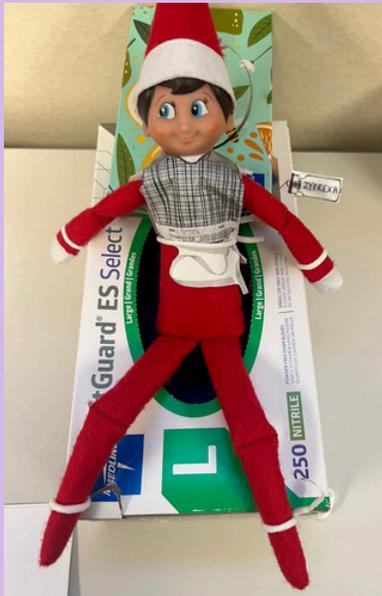
# KARAOKE NIGHT!



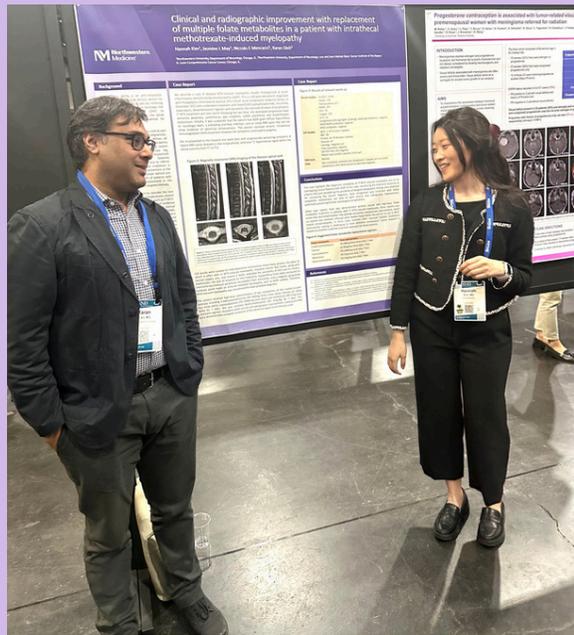
# PGY-4 HOLIDAY PHOTOS!



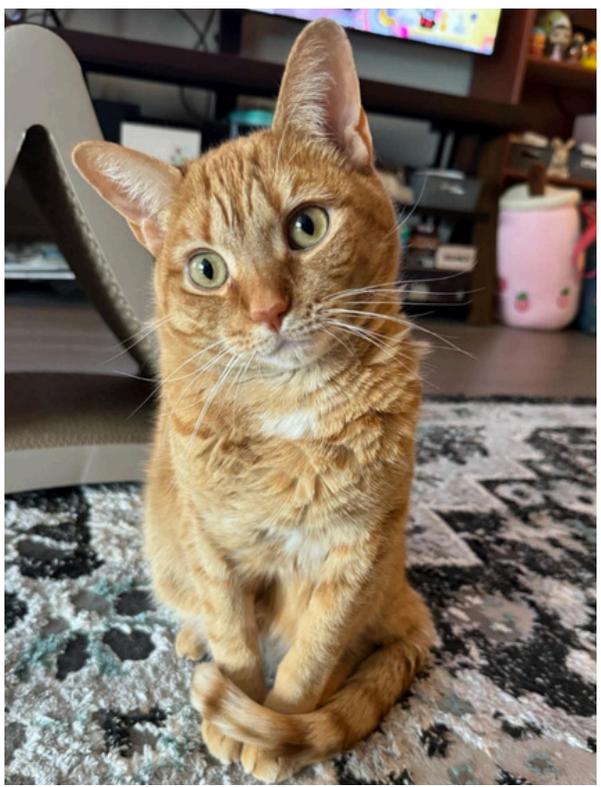
# OUR ELF ON THE SHELF, HENRY!

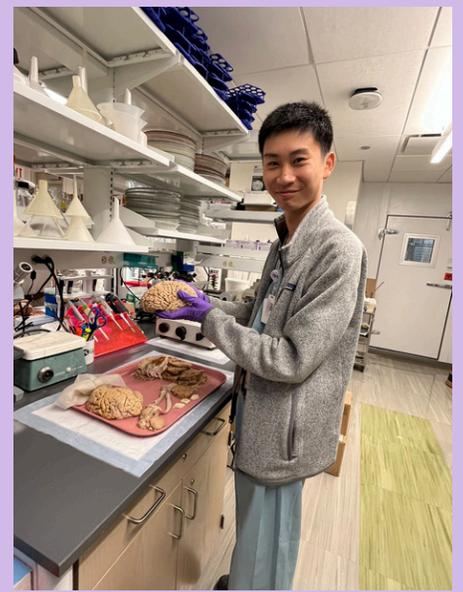


# CONFERENCES!



## PET OF THE MONTH: Kumquat Owner: Kevin (PGY-2)







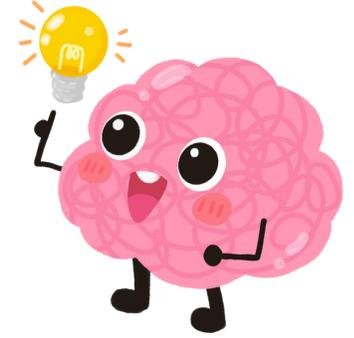








# KUDOS!



-Kudos to **Emmanuel (PGY-2)** for tackling Christmas week consults with fortitude and perseverance on some busy days. Grateful to have Emmanuel as my consults partner and for being wonderful to work with. - Jen (PGY-4)

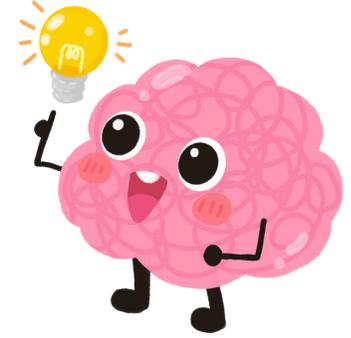
-Kudos to **Dr. Brooker (movement attending)** for her first week as consults attending and for going out of her way to make sure the team was well fed over the holidays! - Jen (PGY-4)

-Kudos to **Adriana (PGY-3)**! Dr. Sari delivered outstanding acute stroke care to a pt who was a potential cardiac transplant candidate. She coordinated care through exceptional communication with cardiology and CT surgery and focused on delivering patient centered care. This care ultimately contributed to the patient receiving a successful cardiac transplant. I am convinced that Dr. Sari was key to this—and doubly appreciated as she was called in for jeopardy on that Saturday. Thank you, Adriana! -Dr. Skolarus

-Kudos to **Sofia (PGY-3)**! Sofia is a devoted and compassionate senior resident ... an amazing physician and goes above and beyond for our patients. She follows up on labs and imaging studies even long after a patient is discharged. I am in awe and proud that she is a part of our team! -Pavel (stroke APP)

-Kudos to **Aubrey (10W Nurse)** for advocating for escalation of care for a patient whose respiratory status was slowly deteriorating over days. Because of her, we were able to transfer the patient safely to the ICU and before his status required emergent intubation (which ended up happening shortly into his ICU stay)- Naomi (PGY-3)

# KUDOS!



--Kudos to **Jasmine (PGY-2)** for outstanding notes and workup plans for patients admitted to NSICU! -Dr. Sobota

-Kudos to **Dr. Seth and Dr. Hac** for copying the residents on their clinic notes for patients that have been previously seen by that resident in a clinic or in the hospital. It is helpful for learning how the patient's management changes over time!- Jen (PGY-4)

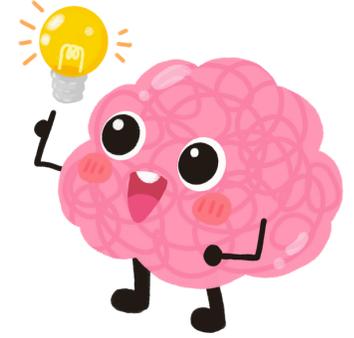
-Kudos to **Sarah (PGY-2)** for volunteering to help with a LP on an inpatient during her academic day so she could get more practice. I was impressed with her willingness to help out and try to build skill. - Jen (PGY-2)

-Kudos to **Allen (PGY-4)** and **Laurel (PGY-2)** who literally came to the ICU and saved the day on Thanksgiving Day. Shoutout to the amazing Thanksgiving NCC on call team, including our superb residents **Kevin (PGY-2)** and **Hart Edmonson (EM)** and **fellow Phil Chen** who worked nonstop to address multiple simultaneous emergencies. In the middle of nonstop emergencies and new patients, Allen and Laurel magically appeared in the ICU and offered their help. Thanks to Allen, Laurel, Kevin, Hart, and Phil, patients were safe, and we all survived an extremely busy and memorable Thanksgiving Day! - Dr. Chou

-Kudos to **Sofia (PGY-3)** who was very responsive and supportive with a rapid response and patient death while stroke senior. The nursing team greatly appreciated her timeliness and collaboration! -10W nursing team

-Kudos to **Courtney (PGY-3)** for her efforts in spreading holiday cheer such as organizing the elf on the shelf that is roaming the 10th floor and with our resident holiday party! -Jen (PGY-4)

# KUDOS!



--Kudos to **Jamie (PGY-3)** for helping see a consult while I was dealing with an acute situation in the MICU on my call day! -Jyoti (PGY-4)

-Kudos to **Fred (PGY-3)** for helping me with a med rec so I could get to the holiday party and for **Brian (NCC fellow)** for taking a stroke transfer 5 minutes after his covering shift started! -Meghana (PGY-3)

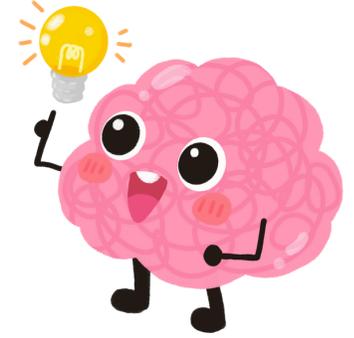
-Kudos to **Natalya (PM&R prelim)** who covered one day in the EMU with no prior experience with such grace. We had multiple complex patients, and she took time to take thorough histories, place all of the orders, and even figure out a complex antibiotic plan. She provided excellent care to all of the patients despite a busy day of admissions! -Dina (epilepsy fellow)

-Kudos to **Emily (PGY-2)** for her attention to detail, making sure all patients had their outpatient plan set up for discharge and even reached out to patients after discharge when she heard back from their outpatient providers. She truly provided exceptional care during her EMU week! -Dina (epilepsy fellow)

-Kudos to **Naomi (PGY-3)** for being an amazing team player. She got along so easily with all members of the team and made sure that outpatient providers were kept informed on decisions made in the EMU. She also made my job as the fellow easy as she made excellent clinical decisions and acted on the plans for patients very efficiently. - Dina (epilepsy fellow)

-Kudos to **Allen (PGY-4), Allison (PGY-2), and Steven (PGY-2)**, for graciously taking some late consults for the night team to allow us to get home at a reasonable hour! - Charlie (PGY-4)

# KUDOS!



--Kudos to **Dina (epilepsy fellow)** for all of her help during an insanely busy week of EEG nights over Thanksgiving! -Jyoti (PGY-4)

-Kudos to **Courtney (PGY-3), Tara (PGY-3), Jen (PGY-4), and Sarah (PGY-2)** for helping out with lumbar punctures on a busy general service! -Meghana (PGY-3)

-Kudos to **Sheng (research fellow)** for bringing thanksgiving dinner for the night team! - Jyoti and Emily

-Kudos to **Courtney (PGY-3)** for taking time to decorate our workroom for Christmas and spreading holiday cheer! -Meghana (PGY-3)

-Kudos to **Doken Rotunno (CTICU RN)** for correctly identifying an important exam change in his patient and notifying NCC consults quickly for next steps! He was very interested in learning more about the neuro exam while I was in the room and was a pleasure to interact with! -Jyoti (PGY-4)

-Kudos to **Sofia (PGY-3)** for taking an extremely busy consult list on both the NCC and stroke side, her hard work has not gone unnoticed! -Phil (NCC fellow)

