

NORTHWESTERN NEUROLOGY WELLNESS NEWSLETTER

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HIGHLIGHTS



WELLNESS RETREAT!



CONGRATULATIONS!

**CONGRATS TO
TARA (PGY-3)
AND OREN ON
THEIR WEDDING!**



**CONGRATS TO
SOFIA (PGY-3)
AND ERIC ON
THEIR
ENGAGEMENT!**



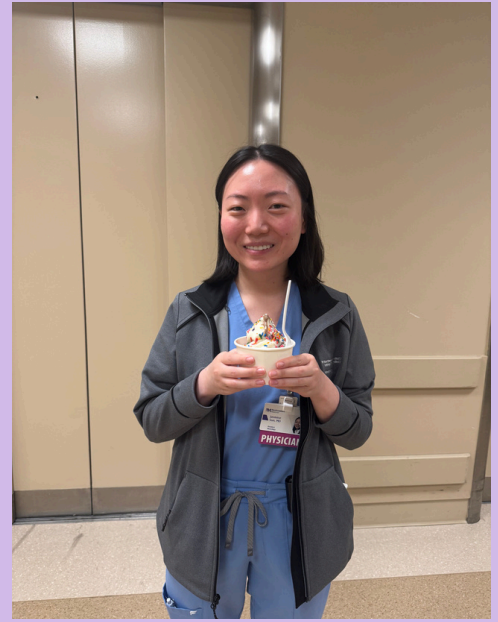


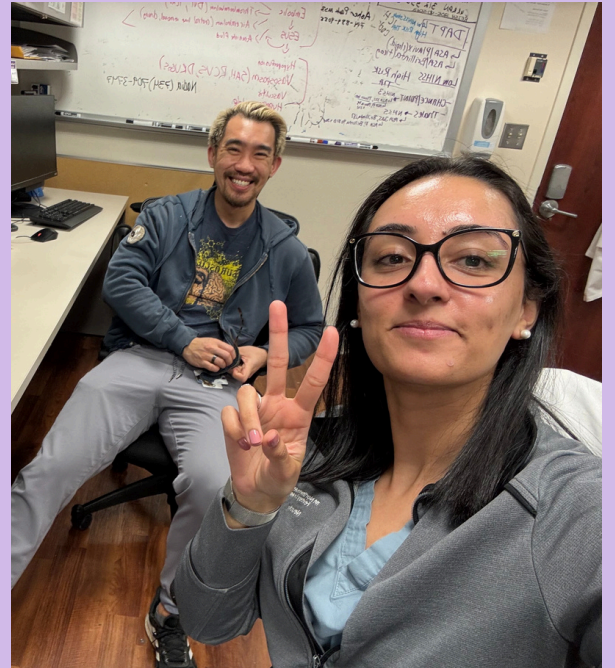
PET OF THE MONTH:

Haku

Owner: Emily (PGY-2)

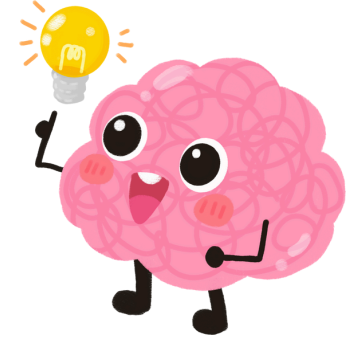








KUDOS!



-Kudos to **Tristan (PGY-1)** for stepping up to help with the stroke team when our list was blowing up! It was so helpful to have him with us and he did so well. Can't wait for him to join us next year! -Emily (PGY-2)

-Kudos to **Dr. Harris** for going above and beyond to get an EMG/NCS done late in the day and advance patient care! -Adriana (PGY-3)

-Kudos to **Adriana (PGY-3)** for transporting a patient by herself to the neuro testing center! -B. Liu (NCC fellow)

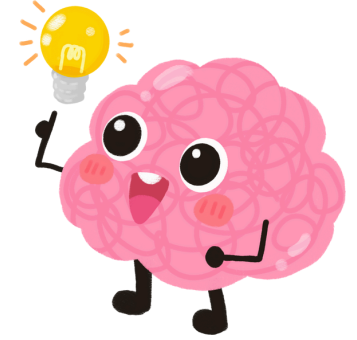
-Kudos to **Jasmine (PGY-2)** for being an awesome junior on stroke! She is very thorough, detail oriented, and never cuts corners for her patients- especially when wrapping up discharges. I was very impressed. She is also so much fun to work with and helped hype up the residency social media! -Jyoti (PGY-4)

-Kudos to **Olivia (10E nurse)** for entertaining a dementia patient at the nurse's station so he can have social interaction and re-orient himself instead of sleeping in his room all day! The patient was in great spirits after this! -Theja (PGY-3)

-Kudos to **Dr. Hac** for creating the clinical correlate to neuroanatomy lecture series from scratch this year! The residents appreciate your dedication to teaching! - Jen (PGY-4)

-Kudos to **Dr. Cherayil and Dr. Seth** for helping coordinate a Community Health Clinic patient get testing done at Northwestern. -Jen (PGY-4)

KUDOS!



--Kudos to **Jasmine (PGY-2)** for her iconic neurology service Tiktok video that went viral! -Jen (PGY-4)

-Kudos to **Sofia (PGY-3)** for being selected to join the Society for Neuro-Oncology delegation for the "Head to the Hill" event in Washington, DC! -Dr. Bega

-Kudos to **Karl (PGY-4)** for being a great discussant at the IM Board Review Series that I ran on fairly short notice. He came very prepared and made some great review slides on key take-home points. He fielded a bunch of questions from the audience with ease. We very much appreciated his participation! -Dr. Walter (IM attending)

-Kudos to **Jyoti (PGY-4)** for being an amazing senior on stroke. She was supportive and made my time on the stroke service unexpectedly fun. Thanks for all the starbucks and afternoon treats and for being the best TikTok co-star! -Jasmine (PGY-2)

HAPPY
SPRING